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## I AM THE ENVIRONMENT!



**Name:** I am the Environment. **Framework:** Erasmus+

**Duration:** 06/08/2019 to 13/08/2019

**Participating countries:** Ukraine, Greece, Georgia, and Spain

**Number of participants:** 6 participants between 18 to 30 + 1 leader with no age limit.  
7 in total.

**THERE IS A GOOGLE DOC ALL OF YOU HAVE TO FILL TILL 20TH OF JULY WITH THE INFORMATION ABOUT YOURSELF. OUR ASSOCIATION WILL BUY PLANE TICKETS FOR ALL PARTICIPANTS. FOR THIS REASON WE NEED YOUR DATA AS SOON AS POSSIBLE.**

# Summary

During 8 days the young people from Greece, Ukraine, Georgia and Spain lodged in a hostel of the Community of Madrid will carry out activities programmed for the project focused on environmental awareness, the change of harmful behaviors for the natural environment and sustainability, creating an atmosphere of debate and communication between participants from different countries in order to achieve an exchange of experiences and opinions.

The main activity aims to obtain on the last day of the project a board where each day are collected the ideas and common conclusions of the theme carried out and by groups provide different methods or actions that can be carried out individually in the day to day, with the aim of changing daily behaviors that can be harmful to the environment for others more beneficial and sustainable. The project will begin with activities and presentations related to the loss of biodiversity and the major accidents that drive it, continuing the following days with the themes of: waste, its management and use, climate change vs. the greenhouse effect, local environmental problems of each country invited (in order to know a little more about the individual situation of each territory and not just globally), energies, both renewable and non-renewable, with a future vision and the management of freshwater resources.

Independently of the main objective which is to create social awareness from various environmental approaches, addressing the issues that are booming in the European Environment Agency, we also want to achieve these objectives:

- ✚ Promote youth activism in environmental development.
- ✚ Creating agents of change.
- ✚ Encourage innovation and creativity, intellectual freedom, research and cultural exchange between countries.
- ✚ Encourage creativity in problem solving.
- ✚ Increase the relationship between society and the environment.
- ✚ Facilitate the acquisition of deeper and more technical knowledge on the problems and actions carried out in the natural environment.
- ✚ Support the development of approaches to solving environmental problems.
- ✚ Promote youth interactions, networks and associations.

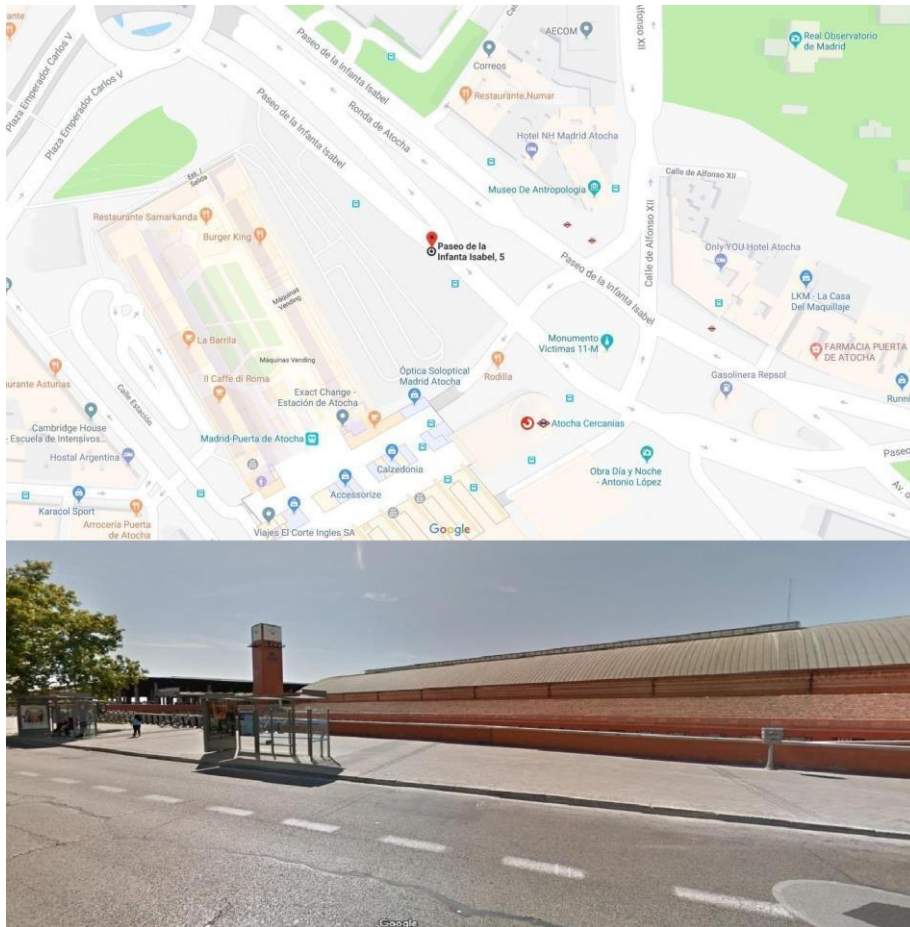
## BUDGET

Country	Maximum Compensation in € (per person)
Georgia	Up to 820
Ukraine	Up to 530
Greece	Up to 360

Please, note that the travel expenses should be documented in the form of the official tickets, boarding passes, invoices, receipts, etc. The stated costs will be reimbursed within the stated limits. The excess travel cost shall be paid by the participant himself/herself. The travel costs will be reimbursed only upon the presentation of all original (including return) tickets, receipts/invoices and boarding passes. The participants are requested to use the means of public transport (such as bus, metro, tram) for the local transportation, and the economy class for the flights. Please keep the boarding passes from your airport check-in as well. Reimbursement will be done in euro, regardless of the currency indicated on your ticket and receipt/invoice. The participants should arrive from the country they applied for the youth exchange.

# TRANSPORTATION

There is only one airport in Madrid **Aeropuerto Madrid-Barajas Adolfo Suárez (MAD)**. There are two options to come to the meeting point, Atocha, there is one express bus you can take in any Terminal (T1, T2, T3, T4) for 5€, it leaves you just at the meeting point; or you can take the metro from the Airport (L8) to Atocha (L1) for 5€ too (**Advice:** the bus is better)



**ALL THE PARTICIPANTS SHOULD ARRIVE TO THE MEETING POINT AT 19:00 OR BEFORE. AT THIS TIME THE BUS WILL LEAVE THE PLACE AND WE CANNOT WAIT FOR ANOTHER ONE. IF YOU ARE LATE, REACHING THE VENUE WILL BECOME YOUR RESPONSIBILITY.**

# ACCOMODATION

**Venue:** Youth hostel Villa Castora (<https://reaj.com/albergues/juvenil-villa-castora/>)



## Schedule:

- Breakfast: 9.00 - 10.00
- Lunch: 14,00 - 15,00
- Dinner: de 20,15 - 20,45

## Basic rules:

Smoking is prohibited everywhere inside buildings (the guesthouse has a fine of 30 EUR), thus all the smokers will have to go outside or to specially designated areas for a cigarette. Any damages to the property of the guesthouse or the organizers will be deducted from the travel reimbursements of the ones responsible.

**IT IS PROHIBITED TO DRINK ALCOHOL INSIDE THE HOSTEL, ANY PROBLEM WITH THAT YOU'LL BE RESPONSIBLE TOO FOR THE PROBLEM. ALL THE PARTICIPANTS WILL BE EXPECTED TO BE PRESENT AND ACTIVE IN ALL THE ACTIVITIES, UNLESS BEING ILL. UNAUTHORIZED ABSENCE FROM THE ACTIVITIES AND WORKSHOPS WON'T BE TOLERATED.**

# STUFF TO BRING

Check this list, so you'll be sure you will have everything you need when you come to Madrid

## PROJECT MATERIALS:

- **10 euros** for the train to visit Madrid
- Travel tickets and documents
- Souvenir
- Traditional food/beverage or things you need for the cultural evening
- Any electronic device (smartphone, tablet, laptop, cameras) you may and would like to bring. It would be really useful for the project activities.
- Bring the activities that you have to prepare. (It will be written in the schedule)

## PERSONAL STUFF:

- There's no HAIR DRYER in the guesthouse, so people with who needs bring yours.
- Bring towel, because the hostel will not have.
- Warm clothing
- Take your MEDICINES. Even if you're not on therapy, bring the pills you usually take for headache, period pain, and so on. The venue has pharmacies of course, but when you're going abroad, it is always better to be prepared 😊;)
- Buy one cup, so we don't need to use plastic cups, and later in the exchange we can change them between us.
- Sun cream, towels for pool, sunglasses, and swimming suits.

## Allergies, special dietary requirements and important health information.

Please, communicate your food choices and allergies in advance. For those of you who are vegetarian, we are assuming you eat no fish, shell fish or poultry as well as no meat UNLESS you tell us otherwise now. Please, notify us about health issues that we should be aware. We will be kept in strictest confidence, but we would urge you to notify us of anything you consider is important. Please, also provide us with a note of your emergency contact person at home along with their details to include a telephone number with the international dialing code from Spain. In order to facilitate this please fill Participant Information form provided by the organization by February 15 2019.

As usual, if you need help, feel free to contact me.

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